



Chagdud Gonpa Rigdzin Ling

Rules and Regulations

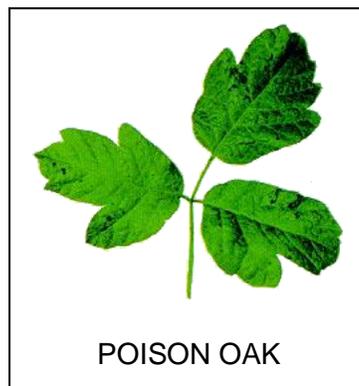
Rigdzin Ling was created to benefit your spiritual development. Our aspiration is that your stay at Rigdzin Ling will be a cause of temporary and ultimate happiness for yourself and those with whom you have a connection. Please let us know at any time if we can assist you during your stay. As part of the registration process, it is required that you read the following information and then sign your name on the release form.

About us

Rigdzin Ling was established as a center for the study and practice of Vajrayana Buddhism in 1988 by His Eminence Chagdud Tulku Rinpoche. Most of the work here is done by volunteer staff which includes the ongoing development of our retreat center, the administration of Chagdud Gonpa Foundation's many centers, and the translation, publication and distribution of Buddhist texts and books. Our work is supported by membership pledges, donations and the sale of books and dharma items from our store, Tibetan Treasures.

Hazards

Much of the land is still undeveloped. Some crevasses, sheer cliffs and tailing piles (large mounds of rock) remain from the extensive gold mining of the last century. Please be cautious while walking around the land. Trinity County is very susceptible to wild fires. Please, absolutely no fires of any kind on the premises. Various species of wild animals are seen here regularly, including mountain lions, bears, rattlesnakes, scorpions, ticks that carry Lyme disease and brown recluse spiders. Poison oak is rampant so please make sure you can identify this plant. There are many water hazards on or near the property. The Trinity River and a creek behind Creek House sometimes carry strong currents. It is forbidden for guests to enter both the Guru Rinpoche statue pond and the scenic ponds in front of Tara House and near the prayer wheels unless they have obtained prior written authorization from the Lama-in-residence and have signed a waiver of liability. Please be mindful during your stay at Rigdzin Ling, taking necessary precautions to avoid accidents or mishaps. We ask that you take responsibility for your safety and well-being.



POISON OAK

Health Care

In the event of illness or injury, the nearest health care facilities are eight miles away in Weaverville, and comprehensive facilities are sixty miles away in Redding. We do not have our own medical facilities or personnel.

Sometimes visitors with medical or alternative health care training may offer help or advice. If you choose to accept their help, please understand that they are acting entirely on their own initiative and not on behalf or under the direction of Chagdud Gonpa Foundation.

Children

We ask that parents who bring their children to Rigdzin Ling take full responsibility for their welfare. Children must be supervised by an adult at all times. Children are welcome in the shrine room as long as they are relatively quiet and under parent supervision.

Children are not allowed in the following areas: construction sites, the kitchen, rock piles or ravines. Children should never be near any body of water without parental supervision.

Sexual Harassment

It is the policy of Chagdud Gonpa Foundation that harmful and/or illegal activities will not be tolerated. If you become aware of any such activities or any conduct that makes you uncomfortable, regardless of the rank or authority of the person(s) involved, please take your concerns to the Lama-in-residence, the general administrator, a member of the Board or a staff member. If any conduct or activity makes you uncomfortable, remember you, as an individual, have the right to ask questions and to say "no." Beyond this, you must take personal responsibility for the consequences of consensual sexual conduct.

Additional Rules

- ❖ No smoking or use of illegal drugs. If you must smoke, it is required that you leave the land.
- ❖ No Pets. You are welcome to board your pet at the Weaverville Pet Motel: 530.623.0060. Let them know you are staying with us to receive a 10% discount.
- ❖ Burning incense and candles is strictly prohibited. Fireplaces are for display only. Flames of any kind are strictly prohibited in all buildings, as well as outside. Absolutely no fires, including in the camp sites.
- ❖ In case of a fire, earthquake or other emergency situations, all staff and visitors will meet at the pond in front of Tara House.
- ❖ Walk only on the trails or roads and refrain from wandering up the hill behind Tara House and Tibetan Treasures due to private retreatants. Private houses are also restricted.
- ❖ You must follow a strict 10mph speed limit as dust from vehicles can cause health problems for our participants and staff.
- ❖ Quiet Hours are from 10pm to 6am. Please be mindful and considerate of others.
- ❖ There is no daily housekeeping service. If you are staying in our dormitory facilities, we ask that you remove used linens and remake the bed with clean sheets upon departure.
- ❖ Be conscious about conserving energy and water. Please turn out lights when you leave a room, and take short showers.
- ❖ Please recycle. Designated bins are located in your kitchen.
- ❖ Keep the property and all furnishings in good order.
- ❖ Only use appliances for their intended uses.
- ❖ In the event of an emergency, a staff member will be on call. Please call: 530.623.2714 ext. 0 to reach the staff member on duty.