## **CGF** Release Form

By signing this you are stating, "I have read the CGF Rules and Regulations carefully and understand that certain conditions at Rigdzin Ling, including but not limited to those listed, could possibly pose hazards to visitors. I will exercise care and caution, and understand that I am entirely responsible for my own health and safety during my visit. I release Chagdud Gonpa Foundation and its volunteer personnel and representatives from any and all claims, responsibility, liability, actions, damages, and losses resulting from any act or omission or from any conditions, circumstances, or event occurring at Rigdzin Ling at any time."

Printed Name	Signature	Date
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